

MENU ALLERGEN INFORMATION
UPDATED 24.10.2024

WHILE WE HAVE GLUTEN FREE OPTIONS AVAILABLE AND TAKE CARE TO PREPARE YOUR GLUTEN FREE ITEMS –
OUR ENVIRONMENT IS NOT GLUTEN FREE

Starters

Homemade Soup of the Day **CAN BE MADE GLUTEN FREE – WITH GF BREAD**

Soup: Dairy 7, Celery 9

Brown Bread: Gluten (wheat) 1, Dairy 7, Sulphites 12

Glenbeigh Mussels **CAN BE MADE GLUTEN FREE – WITH GF BREAD**

Mussels: Molluscs 14

Cider & Nduja Cream: Dairy 7, Sulphites 12

Sourdough: Gluten (wheat) 1

Crispy Ring of Kerry Lamb Belly **GLUTEN FREE**

Lamb Belly:

Ardfert Cabbage and Mint:

Anchovy Yogurt: Fish 4, Dairy 7

Dingle Goats Cheese Salad **GLUTEN FREE**

Goats Cheese: Dairy 7

Beetroot:

Balsamic Vinaigrette: Mustard 10

Candied Walnuts: Nuts (walnuts) 8

Irish Chicken Liver Parfait **CAN BE MADE GLUTEN FREE – WITH GF BREAD**

Chicken Liver Parfait: Eggs 3, Dairy 7, Sulphites 12

Cornichons: Mustard 10

Sourdough: Gluten (wheat) 1

Charcuterie Board

Cured Meats: Sulphites 12

Chutneys & Jams: Sulphites 12

Cornichons: Mustard 10

Cheeses: Dairy 7

Crackers: Gluten (wheat) 1

West Cork Prawn PilPil **CAN BE MADE GLUTEN FREE – WITH GF BREAD**

Chilli, Garlic and Ginger Prawns: Crustacean 2

Sourdough: Gluten (wheat) 1

Brown Bread: Gluten (wheat) 1, Dairy 7, Sulphites 12

Sticky Hoisin Silverhill Duck Wings **GLUTEN FREE**

Wings:

Hoisin Sauce: Soya Bean 6, Lupins 13

Lime and Garlic Aioli: Eggs 3

Shichimi Togorashi: Sesame Seeds 11

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Mains

Smoked Bacon Chop GLUTEN FREE

Bacon:

Cabbage: Dairy 7

Mash: Dairy 7

Sauce Soubise: Dairy 7

Shelburne Street Burger CAN BE MADE GLUTEN FREE, PLEASE ASK YOUR SERVER

Burger Patties:

Bacon Jam: Mustard 10, Sulphites 12

Gubbeen Cheese: Dairy 7

Salad Leaves: Mustard 10

Burger Bun: Gluten (wheat) 1, Eggs 3, Dairy 7

Feather Blade of Cronin's Beef

Beef: Gluten (wheat) 1, Sulphites 12

Vegetables: Dairy 7

Yorkshire Pudding: Gluten (wheat) 1, Eggs 3, Dairy 7

Mash: Dairy 7

Merlot Jus: Sulphites 12

½ Curry Marinated Irish Chicken

Chicken: Gluten (wheat) 1, Mustard 10, Sesame Seeds 11

Coconut Rice:

Cucumber Salad: Sesame Seeds 11

Curried Sauce: Gluten (wheat) 1, Dairy 7, Mustard 10, Sesame Seeds 11, Sulphites 12

Market Fish of the Day

Please Ask Your Server

Tom Crean's Beer Battered Cod & Chips

Beer Battered Cod: Gluten (wheat) 1, Fish 4, Sulphites 12

Pea & Mint Puree: Dairy 7

House Fries:

Ardfert Beetroot Wellington

Wellington and Pastry: Gluten (wheat) 1, Mustard 10, Sulphites 12, Lupins 13

Vegetable Jus: Celery 9, Mustard 10, Sulphites

Salad Garnish: Mustard 10, Sulphites 12

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Desserts - WHILE WE HAVE GLUTEN FREE OPTIONS AVAILABLE AND TAKE CARE TO PREPARE YOUR GLUTEN FREE ITEMS – OUR ENVIRONMENT IS NOT GLUTEN FREE

Almond Chocolate Brownie GLUTEN FREE

Brownie: Eggs 3, Dairy 7, Nuts (almonds) 8

Chocolate Sauce: Dairy 7

Vanilla Bean Ice-cream: Dairy 7

Buttermilk Panna Cotta – Not Vegetarian Friendly

Panna Cotta: Dairy 7

Winter Berries:

Honeycomb:

Sticky Toffee Date Pudding

Sticky Toffee Pudding: Gluten (wheat) 1, Eggs 3, Dairy 7, Sulphites 12

Sticky Toffee Sauce: Dairy 7, Sulphites 12

Vanilla Bean Ice-cream: Dairy 7

Spiced Orange & Cointreau Cheesecake

Cheesecake: Gluten (wheat) 1, Eggs 3, Dairy 7, Sulphites 12

Cream: Dairy 7

Apple & Cinnamon Crumble

Crumble: Gluten 1, Dairy 7, Eggs 3

Vanilla Bean Ice-cream: Dairy 7, Eggs 3

Selection of Ice Creams

Dairy 7

Irish Market Farmhouse Cheese Board

Cheese: Dairy 7

Crackers: Gluten (wheat, rye) 1, Sesame 11, Lupins 13

Apple & Rasin Chutney: Sulphites 12

ADDITIONAL ITEMS:

LOCAL PRODUCERS

Salad Greens – **Billy Clifford Whitehorn Organic Farm Kenmare Co. Kerry**

Crackers – **Isle of Crackers Wexford**

Cheese Biscuits – **Sheridan's Cheesemongers**

Beetroot and Cabbage – **Ardfert Potato Farm Co. Kerry**

Lamb – **Tom Kelliher Furies Co. Kerry**

Beef – **Denis Cronin Fossa Co. Kerry**

Bacon Chop – **Oliver Carty Butchers Roscommon**

Dingle Goats Cheese – **Dingle Co. Kerry**

Gubbeen Farmhouse Cheese – **Schull Co. Cork**

Spillane Seafoods – **Lachabane Co. Kerry**

Glenbeigh Shellfish – **Keelnabrack Glenbeigh Co. Kerry**

Kinsale Stonewall Cider – **Belgooly Kinsale Co. Cork**

Slane Whiskey – **Slane Co. Meath**