# THE NEAD CAFÉ LUNCH MENU Open 7 days: Served from 12pm - 4pm

## **SMALL PLATES & STARTERS**

Homemade Soup of the Day - €6.50 Served with Homemade Heir Island Brown Bread (1,3,7,9)

Soup and Sandwich Board: Homemade soup of the day and Sandwich - €15.00

(Choose between Toasted Special or Roast Chicken Sandwich)

## Seafood Chowder – €12.50

Selection of Fresh Atlantic Fish and Shellfish (1.3.4.7.9.12)

### Chickpea, Sundried Tomato and Feta Roll -€12.50

Chickpea, Sundried Tomato, Roasted Pepper and Feta 'sausage roll' topped with seeds and served with Carrot Salad (1,7)

## Sausage Roll – €14.50

Dempsey's Sausage and Leek and Apple roll served with House Fries and Garden Leaves (1,3,4,7,9,12)

Irish Market Farmhouse Cheese - €12.50 Isle of Crackers, Apple and Raisin Chutney (1,3,7,9,10,12)



## LARGER PLATES

## Glenbeigh Mussels – €13.50

Kinsale Stonewall Cider and Ndjuja Cream and Toasted Sourdough (1,3,7,10,14)

#### Traditional Venison Stew – €18.50

Slow cooked Stew of Diced Kerry Venison, Potato, Carrot, Celery, Onion with Pearl Barley (9,10,12)

## Lamb Koftas - €14.00

Ring of Kerry Lamb Koftas, Homemade Tzatziki, Toasted Pitta, Garden Salad and House Fries (1,6,10,12)

# An Nead Burger – €14.50

4oz Irish Beef Burger topped with Bacon Jam, Smoked Gubeen Farmhouse Cheese, Mixed Leaves and Tomato served with House Fries (1,3,6,7,10,12)

## Beer Battered Fish and Chips €22.50

Tom Crean's Beer Battered Fish and Chips with Pea and Mint Pureé, Tartar Sauce and House Fries (1,3,4,7,10)

## **SELECTION OF SANDWICHES**

West Cork Prawns in Marie-Rose – €15.50 West Cork Prawns in Brandy Marie-Rose with Homemade Heir Island Brown Bread, served with Garden Salad (1,2,3,4,7,10)

Potted Goatsbridge Smoked Trout - €14.50 Goatsbridge Smoked Trout with Soft Cheese, Caper Berries on Homemade Heir Island Brown Bread, served with Garden Salad and a basket of Toasted Sourdough and Heir Island Brown Bread (1,2,3,4,6,7,10,12)

## Egg and Chive – €12.50

Forest Farm Waterville Egg, Chive and Mayonnaise on Homemade Heir Island Brown Bread, served with Garden Salad (1,3,7,10,12)

## The Nead 'Toasted Special' – €10.50

Ham, Farmhouse Cheese, Tomato and Onion melted on Toasted Sourdough with Red Onion and Vine Tomato, served with a side of Homemade Sweet Apple and Raisin Chutney, Garden Salad and Potato Crisps (1,3,7,10,12)

#### Roast Chicken – €10.50

Roast Chicken, Herb Stuffing and Mayonnaise, served on Toasted Sourdough with a side of Garden Salad and Potato Crisps (1,3,7,10,12)

## **SELECTION OF SIDES**

House Fries €4.50 Homemade Heir Island Brown Bread (1,7,10) €2.50 Garden Salad €4.50

# **SWEETS & CAKES**

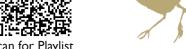
Please visit our counter for a selection of Homemade Cakes and Pastries including Gluten Free options











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ALLERGENS I Cereals (containing gluten), 2 Crustaceans, 3 Eggs, 4 Fish, 5 Peanut, 6 Soybeans, 7 Milk, 8 Nuts, 9 Celery, 10 Mustard, 11 Sesame Seeds, 12 Sulphur Dioxide & Sulphites, 13 Lupins, 14 Molluscs